

Instruction for Spider Vein Injection

Prior to your Sclerotherapy injection procedure

- Prior to the procedure, you will have an initial consultation with Dr. Papalian who will advise you on your eligibility for sclerotherapy and present the options to you.
- You are not eligible if you are pregnant. If you have had a blood clot in the past, your eligibility will be decided on an individual basis, and will depend on the overall health of the area needing treated as well as the reason for the clot.
- Prior to vein injection, you should avoid certain medications. Tetracycline, an antibiotic, may possibly cause a staining of the skin if taken seven to ten days before or after sclerotherapy. If you need to take an antibiotic before sclerotherapy, contact your physician.
- No lotion should be applied to the legs before the procedure.
- Avoiding aspirin for 10 days prior to your procedure is required. Avoiding ibuprofen or other anti-inflammatory medications for 5 days before sclerotherapy will minimize bruising. Tylenol is OK to use.

Your Sclerotherapy injection day.

- The injection procedure is accomplished in the office, at The Plastic Surgery Center on Woodside, personally by Dr. Papalian.
- Wearing or bringing shorts to change into will help facilitate your procedure.
- The procedure itself takes approximately 15 to 30 minutes.
- The sclerosing solution is injected through a very fine needle directly into the vein.
- You may experience mild discomfort and cramping for 1 to 2 minutes, especially when larger veins are injected.
- The number of veins injected in one session varies, and depends on the size and location of the veins.

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Following your Sclerotherapy injection.

- After the treatment you will be able to drive yourself home and resume your regular daily activities. Walking is encouraged. You will be instructed to wear ace wraps for 24 hours for larger injections.
- Your post injection regimen will be personalized for you by Dr. Papalian depending on the severity of your condition.
- Following sclerotherapy you should not partake in any aerobic activity for two days after the procedure.
- You may experience certain side effects after sclerotherapy. There are milder effects, such as itching, which can last for one or two days after the procedure. Also, you may experience raised, red areas at the injection site. These should disappear within a few days. Bruising may also occur around the injection site and can last several days or weeks.
- Transient hyperpigmentation consisting of brown lines or spots may appear at the treatment vein sites. In most cases, they disappear within three to 12 months, but some pigmentation may take up to two years to fade.
- Not all veins will be eliminated in one session. Studies have shown that as many as 50 percent to 80 percent of injected veins may be eliminated following a series of sclerotherapy sessions.

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